



## The Benefits of Bilingual Education, According to 8 Experts



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Education

What are the benefits of knowing a second language?

Is being bilingual good for the brain?

We asked experts to provide some insights.

### Dr. Jennifer Jones



Educational Entrepreneur | Founder, [Green Ivy Schools](#)

Thanks to major advances in brain research over the past decade, inspired largely by the AI industries, we now know the power of bilingualism.

We know that it correlates with intellectual strength in other areas, such as math and music and that it supports more effortless learning of additional languages. We know that it strengthens our mother tongue and the depth of our understanding of our own native grammatical structures.

### The younger we learn other languages, the more complex our brain's network of neurological connections

This means our brains are better equipped to tackle complex problems, navigate unfamiliar situations, and especially at executive functions such as organization and strategic planning.

What's more, once you have become fluent in one non-native language, you are positioned to more easily learn another, and another. We are less fearful of new languages, and the brain's bilingual complexity supports greater language agility.

Bilingualism, particularly if it involves one of the most widely spoken languages, such as Spanish or Mandarin, expands personal and professional networks which generate exponentially more opportunities across all areas of interest.